

# B1 High Holy Day Highlights

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See Service Schedule for a Complete Listing

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## Selichot Service: The Many Faces of Teshuvah

Mending, Strengthening and Accepting Our Families  
with Rabbi Linda Potemken and Rabbi Jeremy Gerber

A program presented by  
Congregation Beth Israel of Media and  
Congregation Ohev Shalom

Saturday, September 4th, 2010

How do we mend, strengthen and accept our relationships within our families? We will explore the theme of *teshuva* in the family through poetry. You are encouraged to bring a poem that touches on the theme of family and that is personally meaningful to you. We will read and consider these, along with those that Rabbi Linda and Rabbi Jeremy will provide. We begin the work of *teshuva*, repentance, through this specific focus.

Then, prepare your heart and soul for the season ahead as you listen to the words and melodies of the High Holy Days. Service will be led by Cantor Stephen Freidrichs, Rabbi Jeremy Gerber and Rabbi Linda Potemken.

**Gather/Eat/Schmooze/Havdalah 8:30 pm**

**“The Many Faces of Teshuvah” 9:00 pm**

**Selichot Service 10:30 pm**

**Event to be held at Ohev Shalom**

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# **Tashlich Services & Potluck Supper** **“To Cast Away Our Sins”**

**Rosh Hashanah Day 1 (Sept 9) 4:30 pm**

We will meet at a quiet pond at Linvilla Orchards.

Please bring a dairy/vegetarian dish to share  
and some stale bread crumbs to cast away.

This is a very powerful ritual for adults and children.

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## **Teen Chat Room**

**Join friends to talk about the  
themes of the High Holy Days**

Rosh Hashanah Day 1 (Sept 9) & Yom Kippur (Sept 18)

12:15 pm - 1:00 pm Meet in the library.

Facilitated by Mark Rosenberg.

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## **Additional Yom Kippur Offerings** **Time for talking, drumming & healing**

**Discussion Group:** Randy Tiffany 3:15 pm

**Drum Circle:** Linda Cohen 4:00 pm

**Meditation & Healing service:** Rabbi Linda 4:45 pm

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## **Yom Kippur Break-the-Fast Supper**

Join together for supper after Neilah.

**Saturday, September 18 approximately 7:45 pm.**

**RSVP to Arlene 610-566-4645.**

Please let us know how many will be attending  
so we have enough food & chairs set up.

While some food will be provided,  
please bring a dish, drink or dessert to share.

All are welcome.

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